Labor Day September 2nd

Patriot Day September 11th

POW/MIA Day
September 20th

Gold Star Mother’s Day
September 29th
Labor Day in United States

Labor Day is annually held on the first Monday of September. It was originally organized to celebrate various labor associations' strengths of and contributions to the United States economy. It is largely a day of rest in modern times. Many people mark Labor Day as the end of the summer season and a last chance to make trips or hold outdoor events.

The first Labor Day was held in 1882. Its origins stem from the desire of the Central Labor Union to create a holiday for workers. It became a federal holiday in 1894. It was originally intended that the day would be filled with a street parade to allow the public to appreciate the work of the trade and labor organizations. After the parade, a festival was to be held to amuse local workers and their families. In later years, prominent men and women held speeches. This is less common now, but is sometimes seen in election years. One of the reasons for choosing to celebrate this on the first Monday in September was to add a holiday in the long gap between Independence Day and Thanksgiving.

Patriot Day in United States

Patriot Day is an annual observance on September 11 to remember those who were injured or died during the terrorist attacks in the United States on September 11, 2001. Many Americans refer Patriot Day as 9/11 or September 11.

On September 11, 2001, four planes were hijacked. The hijackers then deliberately flew three of the planes into two important buildings, the Pentagon in Washington DC and the Twin Towers of the World Trade Center in New York. The fourth crashed into a field near Shanksville, Pennsylvania. The loss of life and damage that these hijackings caused form the biggest act of terrorism ever on United States soil. Nearly 3000 people died in the attacks and the economic impact was immense. The attacks have greatly increased attention to national security in the United States. This has had huge implications for United States national and international politics. This is particularly true for the relationships between the United States and Islamic countries in the Middle East.
POW/MIA Recognition Day in the United States

The United States’ National POW/MIA Recognition Day is observed across the nation on the third Friday of September each year. Many Americans take the time to remember those who were prisoners of war (POW) and those who are missing in action (MIA), as well as their families.

There are 1,741 American personnel listed by the Defense Department's POW/MIA Office as missing and unaccounted for from the Vietnam War, as of April 2009. The number of United States personnel accounted for since the end of the Vietnam War in 1975 is 841. About 90 percent of the 1,741 people still missing were lost in Vietnam or areas of Laos and Cambodia under Vietnam's wartime control, according to the National League of Families website (cited in the United States Army website).

The United States Congress passed a resolution authorizing National POW/MIA Recognition Day to be observed on July 18, 1979. It was observed on the same date in 1980 and was held on July 17 in 1981 and 1982. It was then observed on April 9 in 1983 and July 20 in 1984. The event was observed on July 19 in 1985, and then from 1986 onwards the date moved to the third Friday of September. The United States president each year proclaims National POW/MIA Recognition Day. Many states in the USA also proclaim POW/MIA Recognition Day together with the national effort.

If you do not receive your emailed copy of the BTL by the end of the first week (each month) go to Chapter 20 website vva20.org and download from that site.
Gold Star Mothers’ Day in United States

Gold Star Mothers’ Day is observed in the United States on the last Sunday of September each year. It is a day for people to recognize and honor those who have lost a son or daughter while serving the United States Armed Forces. The name the Gold Star Mothers was derived from the custom of military families who put a service flag near their front window. The flag featured a star for each family member serving in their country—living members were denoted in blue but gold stars honored family members who were killed while in duty. In 1918 President Woodrow Wilson approved the wearing of black arm bands bearing a gilt star by those who had a family member who died in the military service to the United States. This distinguished them from the blue stars, representing a family member presently serving in the armed forces.

American Gold Star Mothers, Inc. was incorporated in 1929, obtaining a federal charter from the US Congress. It began with 25 mothers living in the Washington DC area and soon expanded to include affiliated groups throughout the nation. On June 23, 1936, a joint congressional resolution designated the last Sunday in September as Gold Star Mothers’ Day, a holiday that has been observed each year by a presidential proclamation.

An Agent Orange Town Hall Meeting to educate people about the effects of Dioxin exposure. Vietnam Veterans, spouses of deceased Vietnam Veterans, children and grandchildren of Vietnam Veterans, and the general public are invited to attend free of charge on Saturday, September 14th from 2 to 4p.m. at Erie Community College, North Campus, Kittinger Building, Room K-100.

Veterans Service Officers will be on-hand to assist with filing claims and to answer questions. The event will be moderated by past VVA National At-Large Director, Patrick Welch. Also in attendance will be VVA’s Director of Communication, Mokie Porter, and past National President of the Associates of Vietnam Veterans of America, Nancy Switzer.
### MEMORIAL REPORT

Website [http://rochestervietnammemorial.org/](http://rochestervietnammemorial.org/)

**Remembering our Fallen Heroes – September**

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<thead>
<tr>
<th>Name</th>
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<td>William Michael</td>
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<td>John Ernest</td>
<td>Albanese Jr.</td>
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<td>Ernest Estell</td>
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<td>Steven Blaine</td>
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<td>Michael Edwin</td>
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<td>Kenneth David</td>
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<td>Beck Jr.</td>
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<td>Jose Anton</td>
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<td>Todd Whitney</td>
<td>Ottman</td>
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**Memorial Tours & Presentations**

Persons interested in onsite tours or presentations at schools or organizations, contact: Chuck Macaluso

(H) 585-225-8288
chuckmac66@yahoo.com
Project New Hope exists to provide veteran family retreats. Including the whole family (even the kids!) is unique to Project New Hope and fosters family togetherness through a wilderness getaway. It is our goal to provide combat veterans and their families with the education, training, and skills necessary to manage their lives after wartime service: repair of relationships is a primary goal. And of course, have fun in the process!

Right now we are family-oriented, but future camps will include single soldiers and veterans of other conflicts.

NO COST TO PARTICIPANTS. That's right. There is no cost to the families on the retreat.

For more information contact:
Marv Hankinson 585-964-5231
George Kelly 585-355-5117
Website - www.projectnewhopeny.com
As I prepare for this year's convention in Jacksonville Florida, I look forward to the committees and the information at hand concerning our POW/MIA's. As many of you already have already read or have seen on World News, there have been mandated investigations and reports that JPAC and the DPMO has been mismanaged and at times dysfunctional. All this has indeed affected our efforts to find, recover and identify our missing Americans. For more information on this subject, I recommend you visit the National League of Families at: http://www.pow-miafamilies.org/updates-2/ scroll down to “GAO Finds Accounting Community to be Dysfunctional.” Let us hope that these agencies can get their act together and concentrate on the most important issue. Finding and returning our missing servicemen.

Unfortunately due to the current situation, there have been no reports from the Defense Prisoner of War* Missing Personnel Office (DPMO), the Joint Prisoners of War, Missing in Action (JPAC) and the National League of Families. The total number of Americans missing and unaccounted for from the Vietnam War still stands at 1644.

There are reports of the recoveries and identification of individuals from the following wars:

- **PFC. Jonathan R. Posey Jr.**, US Marine Corps was lost on December 2, 1950 during the fighting withdraw from the Chosen Reservoir, North Korea. He was accounted for on June 19, 2013 and will be laid to rest with full military honors on August 12, 2013 at Arlington National Cemetery.

- **2nd Lt. Valorie L. Pollard** and **Sgt. Dominick J. Licari**, US Army Air Corps were lost on March 13, 1944 in Northeastern Papua, New Guinea. They were accounted for on July 17 and 19, 2013. Sgt. Licari will be laid to rest with full military honors in his hometown of Frankfort, New York on August 6, 2013. 2nd Lt. Pollard will be buried at a later date.

It has been a long time brothers but you are finally home. Rest in Peace

---

**Birthdays:**

- **A – June 14**
- **USMC – Nov. 10**
- **N – Oct. 13**
- **CG – Sept. 9**
- **AF – Aug. 16**
In Memoriam

James W. McDermott, Sr.
February 3, 1944 - July 28, 2013

Jim McDermott, was not my brother in the traditional sense of the word... siblings, no. He was more than a mere blood brother to me. Jim and I met about six years ago at a Chapter #20 membership meeting. Since we shared the same last name, we immediately wanted to know more about each other. From the beginning we hit it off and became good friends. Jim was special and unique. He was willing to lend a hand to everyone he met; and, as the “new guy” I needed to learn as much as I could about the Chapter and the VA health care system quickly. Jim was the ideal person to mentor me since he volunteered countless hours staffing our “traveling trailer” outreach programs throughout the community.

Jim, of course, had earned his experience as a full time 40 hour per week volunteer at the Canandaigua VA Medical Center. That’s 13,000 hours since 2006! He provided valuable help and assistance in making contacts for me and other Chapter #20 members. Jim would always encourage any veteran he met to apply for their earned benefits, even to the extent of taking vets personally to get them enrolled on the spot, especially those he met at Canandaigua.

To me, Jim will always be remembered for his unselfish giving of time and his passion for helping his fellow vets; this was his hallmark in life. No, Jim McDermott was not my relative, but I don’t think I could have asked for a better brother. He reached out to help me as only a brother could have. He cared and he gave the best gift anyone could have, he gave himself. Rest in peace, my brother! I offer my sympathy to Jim’s family, his friends, and his brotherhood of veterans both in Chapter #20 and beyond. (Submitted by Jerry McDermott)
Jim McDermott, Recipient of Veterans Service Award 2013
Jim McDermott will never be able to be replaced in Voluntary Service at the Canandaigua VA Medical Center. Don't get us wrong, we have many wonderful volunteers who do a great job and have offered to help us out, but they, too will agree that Jim was unique. Jim was here well before our daily start time of 7AM and left late in the afternoon. He was here between 3 and 5 days a week and often volunteered in the evenings and on weekends when the opportunity arose.

Jim began volunteering nearly 10 years ago, and was so well known throughout the facility, that many people thought Jim was an employee. He served as our “office manager”, had computer access and keys to everywhere! The truth is, Jim actually had more keys than WE did. Jim did everything from mail outs to setting up for special events to delivering donations. He accompanied us to outreaches and speaking engagements, helped with tours and volunteered for every special event we coordinated….no matter what day of the week or time of the day it was………………He was there!

He served on our VAVS Executive Committee and was the VVA Deputy Representative on our VAVS Advisory Committee. He was a driver for the DAV and provided Veterans transportation to clinic appointments. He volunteered as a driver with Recreation Therapy so that more Veterans could go on outings; most recently to the Bristol Valley Playhouse in Naples. Jim volunteered in the bowling alley and accompanied Veterans on the pontoon boat, to fishing outings, to ball games, to the Naples Activity Center and an assortment of other recreational excursions. When Recreation staff needed help for an event, Jim was always the “go to guy.” He attended the Golden Age Games for the past several years and when he wasn’t competing he was volunteering to set up events and do whatever was needed.

He was instrumental in the donation of a van for the DAV Transportation Program that we should be receiving any day.

He helped many Veterans to obtain medals they had earned, and most recently assisted a Veteran with doing just that. He was known to stop at Iron Mike’s, a local military store, and buy a certain type of patch or memento that a Veteran was looking for and couldn’t find (all with his own money).
One of Jim’s last acts of selflessness occurred just a couple weeks ago. We were having a conversation in the office about a Veteran on the hospice unit who was a semi-pro golfer. His final wish was to attend the PGA. We weren’t even thru talking about it and Jim was on the phone pulling strings to make it happen. He called his son who works for North American Breweries, and within days we received the donation of two PGA tickets. Unfortunately, that particular Veteran passed away prior to the PGA, but was able to look forward to it, and was encouraged by the generosity of the donation. Another Veteran attended and benefitted from that generosity.

Jim earned nearly 13,000 volunteer hours in his time with us and received numerous awards:
VAMC Above & Beyond Award in 2007
RSVP of Lifespan Outstanding Volunteer in Veterans Service Award in 2011
Vietnam Veterans Service Award in 2013

Jim encouraged all veterans that entered our office to enroll in VA Healthcare and greeted all fellow Vietnam Veterans with a heartfelt “Welcome Home”.

One day a Vietnam Veteran came into our office; he admitted that he was “feeling sorry for himself and that he couldn’t find a job.” He started talking to Jim. Jim’s response: “Do you know how many veterans here would trade places with you in a minute? You’re a Veteran…Knock it off; stop feeling sorry for yourself…there’s a lot that you can do; volunteering is one of them and we need you here.” That man began volunteering here and credits that to Jim. He’s still with us after 4 years.

Jim was the epitome of a proud American soldier who loved and embraced his country and who wanted nothing more than to help his fellow soldiers; young and old. He was first and foremost a Veteran; supporting Veterans and Veterans causes was where his heart was. But to us, Jim was so much more.....he was a friend and loyal confidante. He was our protector. If someone came in our office that was angry or upset, Jim made a point to stay close and we always knew we could count on him.

As we continue to drive through the gates of the VA and pull into the parking lot, we feel a sense of loss when we look at the parking space where Jim’s red jeep sat each morning. We know that the coffee will not be brewing as we walk into the office and we know that Jim will not be sitting at his desk to greet us. Jim was part of our family and we will miss him terribly. But the memories that we have of Jim will live on forever because of the many lives that Jim has touched throughout his years at the VA. We’ll laugh, we’ll reminisce and yes………we’ll cry! He led a life well lived but it was cut much too short.

We’ll miss you, Jim
Robin, Dan, Louise and Patti
I mentioned these sites at our August membership meeting for the Affordable Healthcare Act information...

http://www.va.gov/health/aca
This is the VA website for information regarding the Affordable Healthcare Act for Veterans

https://www.healthcare.gov
This is the health insurance marketplace for non veterans, it is not fully operating yet but does have information on it currently

The ROPC and Canandaigua VA MC will be conducting “walk in flu shot clinics” at both locations starting on or about September 30, 2013. During the hours of 8:00 am – 4:00 pm, Monday through Friday, no appointments necessary for enrolled veterans using the VA health care system. Look for signs and directions at both locations. The flu shots will be administered through Wednesday, November 27, 2013 via this walk in basis. After that, you can have flu shot during your routine VA primary care visit through the flu season. Last year (2012) the local VA locations administered over 9,000 flu shots. The goal this year, is over 10,000, mark your calendars and get the shot before flu season gets a hold on your health.

Have You Heard? ► Murphy’s Other 15 Laws  In a continuing effort to “smile more, frown less, please read on...
1. Light travels faster than sound. This is why some people appear bright until you hear them speak.
2. A fine is a tax for doing wrong. A tax is a fine for doing well.
3. He, who laughs last, thinks slowest.
4. A day without sunshine is like, well, night.
5. Change is inevitable, except from a vending machine.
6. Those who live by the sword get shot by those who don’t.
7. Nothing is foolproof to a sufficiently talented fool.
8. The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there’s a 90% probability you'll get it wrong.
9. It is said that if you line up all the cars in the world end-to-end, someone from California would be stupid enough to try to pass them.
10. If the shoe fits, get another one just like it.
11. The things that come to those who wait, may be the things left by those who got there first.
12. Give a man a fish and he will eat for a day. Teach a man to fish and he will sit in a boat all day drinking beer.
13. Flashlight: A case for holding dead batteries.
14. God gave you toes as a device for finding furniture in the dark.
15. When you go into court, you are putting yourself in the hands of twelve people, who weren’t smart enough to get out of jury duty.
Chapter 20 Membership currently is at 555 members and AVVA is at 45 members as of 07/31/13. We have had 7 Vietnam Vets who have not renewed this month and 2 Associate Members who have not renewed. Please renew your membership when you get the notice from National. This way you will be kept on the Membership Roster, otherwise you will be dropped from membership. If you do not receive a renewal notice, please contact me. We have hit a lull in new member registration; please try to recruit a new member to keep us moving forward with membership.

Chapter 20 Membership is open to U.S. Veterans who served active duty (other than training purposes) in the Republic of Vietnam between February 28, 1961 and May 07, 1975, or any duty location between August 05, 1964 and May 07, 1975. Associate Membership is open to anyone; you do not need to be a Veteran.

I am asking all members of Chapter 20 and AVVA to keep in mind, when you meet people to ask them to join us. Membership Applications are available on our Website or by contacting me.
Wounded Warrior Benefit Concert

Wounded Warriors: Cody Coopenberg, Danny Fittos and Christopher Velez at the Vietnam Veterans’ Memorial, Highland Park.

The day’s events started at the Greater Rochester Vietnam Veterans’ Memorial. The Chapter 20 Vietnam Veterans of America Honor Guard presented Colors. Following the opening ceremony, Rochester Police will lead families and friends in a convoy to Vintage Lane where the Greece Police will take the lead to the American Legion Post 468 located at 344 Dorsey Rd. The Post hosted the 2nd Annual Wounded Warrior Benefit Concert all day and was excited to announce that the Wounded Warrior Concert raised $11,561.60 for NYWA! The spirit in which this event was organized was fabulous.
Opening Ceremony at Memorial Overlook

Christopher Velez - Danny Fittos - Cody Coopenberg
Patriot Guard (several are also Chapter 20 members) attended event.

Ride Captain: Jerry Lamb

Ralph Pascale (left)
Geno Lenyk (right)
Chili Post 1830 Event

Celebrates LEGION DAY
Saturday Sept. 14th
1—5pm
Chili American Legion
Post 1830

CHICKEN BBQ—PRE ORDER
TICKETS AVAILABLE!

Meal Includes:
1/2 Chicken
Salt Potatoes
Baked Beans
Coleslaw
Roll and butter

$8.00 per person

PRE ORDER ONLY by September 9th!
Contact: Finn Donaldson 585-424-0063 or
Maurice Arthur 585-889-3186
for Tickets

Monroe County Legion Day Sept. 14th. - Open 1-5  Chicken BBQ, Hot’s, and Hamburg’s. Live Entertainment. Presale on the Chicken BBQ. If you have a legion, Auxiliary, or SAL current membership card you get a free Hot or Hamburg and a drink.
Our fundraiser cookbook is dedicated to the members of all seven branches of our American Uniformed Services – past and present.

Each recipe will honor a member of the United States Merchant Marine, Army, Navy, Marines, Coast Guard, Air Force, or National Guard.

Please share the favorite recipe of your service member. Remember your grandparents, parents, siblings, spouses, and friends.

For married service members – two recipes please!

Is there a family tradition or special story attached to the recipe?

Please share the veteran or service member’s name, branch and rank, era or dates of service, and hometown.

Send your recipe to auhnavy@gmail.com

Blue Star Mothers of Rochester
New York Chapter 8 Rochester
Cookbook
Veterans, Active Duty, National Guard and Reserve!
We want your recipes for our fundraising cookbook. Please provide the following information...

Chef’s name and relationship to the Service Member
Agnesaddy’s Homemade Meatballs

Service Member’s name, rank, branch, hometown, date of service and where they served (Sergeant Tim Jones - Bath, NY - 1995-2005 - Iraq and Afghanistan)

Any family story or memory that goes along with the recipe.

Dick Ide
Family of Dealerships

-Honda - Mazda - Volkswagen

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$3. each for VVA stickers and $1. for Chapter 20 stickers
Available at all membership meetings
Or contact Joe Peck
Jpeck2@rochester.rr.com
Annual Blue Star Moms ROC
Army vs. Navy Football Party

December 14, 2013 @ 2 pm
Buffalo Wild Wings on Jefferson Rd in Henrietta
A portion of your food tab goes to support our efforts to support our troops.
Great food - Great rivalry - Raffles and more!!
Please bring items to be donated to care packages!

FOR MORE INFORMATION: Contact Angie Uhnavy
Auhnavy@gmail.com
585-313-3662
The **Veterans Walk Committee of Chapter 20, VVA** wants to thank you for your purchase of a personalized, engraved paver brick.

Each paver brick (4” x 8”) can have from one to three lines of engraved information. The cost will be $50.00 per brick. Make checks or money order payable to: VVA Chapter 20, Veterans Walk

The engraved line(s) can include any of the following information:

- Full name
- Branch of service, rank
- Dates of service (1967-1969, etc.)
- Conflict (WWII, Korea, Vietnam, Persian Gulf, etc.)

Please print the information you would like engraved on the brick below. (Maximum of 14 letters/numbers, including spaces per line).

```
   Name: _______________________
   Address: _____________________
   City/Zip: _____________________
   Phone: _______________________
```

Return the completed form to the - Veterans Walk Committee, c/o Chuck Macaluso, 154 Mendota Drive, Rochester, New York 14626.

Include: Payment and “Proof of Service” for above recipient.

**Please Note:** Engraved bricks will be installed prior to Memorial Day and Veterans Day (twice annually). Questions, please call Chuck or Joan Macaluso at 585-225-8288.
POW / MIA
Candlelight Vigil

Saturday, September 14, 2013 at 7:30 pm.
The Vietnam Veterans’ Memorial at Highland Park
For more information, contact Joe Peck

New benefits available for Agent Orange illnesses

Added to the list of presumptive conditions from exposure to Agent Orange— the diseases include B-cell leukemias such as hairy-cell leukemia, Parkinson’s disease and ischemic heart disease, bringing a total of 14 conditions assumed to be associated with Agent Orange
1973 - 2013
This is the year VOC turns 40
and there’s MUCH to celebrate!

Find information on these events and more online at
www.veteransoutreachcenter.org

March 21 Leadership Conference with John Engels
RIT Inn and Conference Center, Henrietta NY
Now accepting online registrations
www.veteransoutreachcenter.org/leadership2013

April 6 A Yellow Ribbon Evening
Entertainment provided by Vince Faggiano
Diplomat Banquet Center, Rochester NY

June 14-15-16 20th Annual Flag Day Campaign
Now accepting volunteer teams and registrations

July 22 Rochester Business Classic
Country Club of Rochester, Pittsford NY
VOC will be included as one of this charitable event’s beneficiaries,
please consider lending your support to this worthy event

July 29 19th Annual Golf Tournament
Midvale Country Club, Penfield NY

September 7 Pound the Ground 10K/5K-Walk
Mendon Ponds Park, Pittsford NY
Online registration opening soon

September 18 National Veterans’ Job Expo
Diplomat Banquet Center, Rochester NY

November 11 A Stars & Stripes Celebration
Rochester Riverside Convention Center, Rochester NY

Sponsorship opportunities are available for corporate consideration.

Veterans Outreach Center is celebrating
40 years of
supporting our local
heroes, the men
and women of the
United States Armed
Services, in finding
paths to employment,
education, housing,
and wellness after
serving our great
country.

Be a part of Veterans
Outreach Center
and find your place
among heroes.
MEMBERSHIP APPLICATION
Vietnam Veterans of America, Chapter 20

Name: ______________________________________
Address: _____________________________________
City: __________________________________________
Zip: ________ County ___________________________

I am not a Vietnam Vet, but I want to help Vietnam Veterans and their families. Please accept my donation: ____________________
( ) $10 ( ) $20 ( ) $50 ( ) Other ($__________)

Eligibility: Vietnam and Vietnam-era veterans who served on active duty in the U.S. Military (for other than training purposes) between February 28, 1961 and May 7, 1975 (in-country Vietnam), or between August 5, 1964 and May 7, 1975 (for Vietnam-era veterans)

Term: ( ) 1 year: $20 ( ) 3 years $50 ( ) Life Membership:
$200 (ages 56-60),
$175 (ages 61-65),
$150 (ages 66-71),
$100 (ages 72+)

Date of Birth: ____________________ Sex ( ) M ( ) F
Home Phone: ( ) _____________________________
Work Phone: ( ) _____________________________
Email Address: ______________________________
Sponsor: ____________________________________
Payment Options: ( ) Check ( ) Money Order

Return this application, along with a copy of your DD214 to:
Chapter 20, Vietnam Veterans of America
P.O. Box 12580, Rochester, NY 14612
Attn: Membership

VVA is a non-profit service organization. Programs and services are funded by member dues and public donations.

BETWEEN THE LINES:
Between the Lines is published monthly by Chapter 20, Vietnam Veterans of America. The views and opinions expressed are not necessarily those of Chapter 20 or the Vietnam Veterans of America, its’ officers, board of directors or the general membership. Between the Lines can be viewed on the Chapter 20 website at www.vva20.org.

We welcome letters to the editor, poetry, original articles and suggestions. Submissions should include name and phone number and can be sent to Between the Lines, P.O. Box 12580, Rochester, NY 14612 or emailed to chuckmac66@yahoo.com. We reserve the right to edit for space and clarity and to not use materials we think inappropriate for the publication. Deadline for submissions for each issue is the 10th of the preceding month. Exceptions may be granted by contacting the editor.
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<td>September 10, 2013</td>
<td>September 12, 2013</td>
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<td>October 1, 2013</td>
<td>October 10, 2013</td>
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<td>November 5, 2013</td>
<td>November 14, 2013</td>
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<td>December 3, 2013</td>
<td>December 12, 2013</td>
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Friends of the Memorial  
To be placed on Volunteer Contact List  
Contact: Chuck Macaluso  
(h) 585-225-8288  
chuckmac66@yahoo.com

Monthly Membership Meetings start at 6:30 pm  
At the Italian American Sports Club, 1250 Buffalo Road, Rochester

Driving Directions to the Italian American Sports Club:

The Club is located at 1250 Buffalo Road close to the intersection of Howard Road, directly across from the stone quarry, next to the Eagles Club and the Catholic Diocese of Rochester.

From the East: Heading west on 490, exit Mt. Read Blvd. and turn left; south on Mt. Read to Buffalo Road circle, turn right, west on Buffalo Road, 1.4 miles, the Italian-American Sports Club is on the right side.

From the West: Heading east on 490, exit 33 east, Buffalo Road (Gates Center); head east on Buffalo Road; continue past Howard Road; the Italian-American Sports Club will be on the left side in about .5 mile.
CONTACT INFORMATION
P.O. Box 12580 ~ www.vva20.org ~ (585) 482-7396

EXECUTIVE COMMITTEE
President Valentino Gatto…vgatto@rochester.rr.com……. 227-2741 h
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Treasurer Alan Frisa…alanfrisa@gmail.com……. 370-7962 c

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Women’s Affairs - Rosemary Rossi-Williams…rossiwilliams@gmail.com……. 738-6138 c

WEB SITES/E-MAIL ADDRESSES
Veterans Widows International Network………… members@aol.com/vetwidows
NYS Department of Health………… www.health.state.ny.us/nywets
Vietnam Veterans Memorial at Highland Park………… www.rochestervietnammemorial.org/The_Memorial
Operation Welcome Home…………… www.operationwelcomehome.org
VVA New York State Council………… www.nyvietnamvets.org
Honor Flight…………… www.HonorFlightRochester.org

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Treasurer Alan Frisa…alanfrisa@gmail.com……. 370-7962 c

VETERANS ORGANIZATIONS AND INFORMATION
Greater Rochester Vietnam Veterans Memorial…………………… 753-7275
VA Outpatient Clinic……. 465 Westfall Rd……. 463-2600
Veterans Outreach Center……. 546-1081
VA Vet Center……………………… 232-5040
VA Medical Center in Canandaigua……………
VA Medical Center in Batavia……………
VA Hospital in Buffalo…………… 716-834-9200
VA Medical Center in Canandaigua…………… 394-2000
VA Medical Center in Bath…………… 607-664-4000
Vietnam Veterans of America National Office……. 800-882-1316
Vietnam Veterans Memorial Fund “The Wall”………… 202-393-0090
National League of Families
MIA/PW Updates…………… 202-223-6846
Richards House at VOC…………… 506-9060
The Resource Center at VOC…………… 546-4250
Stars & Stripes The Flag Store…………… 546-3524
Persian Gulf Vets, Inc…………… 385-4097
Operation Welcome Home…………… 234-4694
National Caregivers Support Line…………… 855-260-3274
Homeless Hotline…………… 877-424-3838
Suicide Hotline…………… 800-273-8255
Women’s Veteran’s Hotline…………… 855-829-6636

WEB SITES/E-MAIL ADDRESSES
Vietnam Veterans of America National Office…………… info@vva20.org
Veterans Widows International Network………… members@aol.com/vetwidows
NYS Department of Health………… www.health.state.ny.us/nywets
Vietnam Veterans Memorial at Highland Park………… www.rochestervietnammemorial.org/The_Memorial
Operation Welcome Home…………… www.operationwelcomehome.org
VVA New York State Council………… www.nyvietnamvets.org
Honor Flight…………… www.HonorFlightRochester.org

MISCELLANEOUS
VVA Vehicle Donations…………… 224-8484
VVA Chapter 20…………… info@vva20.org……. 482-7396

c=cell    h=home     w=work
Upcoming Events (2013):

September 21  NYS Council Meeting

Do you know a veteran who is homeless?

The VA's National Homeless Veterans Hotline

1-877-424-3383
24/7 365 days/per year

Could someone you know be in crisis?

The VA's National Suicide Crisis Line

1-800-273-TALK or 1-800-273-8255
24/7 365 days/per year

MyHealthVet

MyHealthVet (MHV) is a website designed for veterans and their families with the goal of optimizing veterans' health care. It is for all veterans and offers additional services to those receiving care at VA medical centers.

MHV is a web site designed for veterans and their families with the goal of optimizing veterans' health care.

MHV provides access to:

- Online prescription refills with the VA
- Trusted health information
- Links to Federal and VA benefits and resources
- Personal Health Journals and Health e-Logs

The mission of My HealthVet (MHV) is to improve health care for ALL veterans, independent of where they receive care, by providing health information and health assessments via the Internet. MHV is a web site designed for veterans and their families with the goal of optimizing veterans' health care. It is for all veterans and offers additional services to those receiving care at VA medical centers.

MHV registrants will also be able to view appointments, co-pay balances and copies of key portions of their VA medical records online and much more as additional functionality is released. This is available to veterans, their families, veteran advocates and VA employees. Non-veterans are welcome to use many of the features, although they will not have access to all functions VA patients have.

You can access the website at www.myhealth.va.gov. You will need to register to use key features and will be assigned a User ID and Password for return visits. Please note that in order to access enhanced options of this website, you must complete an "In Person Authentication" (IPA) at your local VA facility. This step provides for confidentiality of your information and is required by the Privacy Act, Title 5 United States Code (U.S.C.) 552A, implemented by Title 38 Code of Federal Regulations (CFR) §575.1.584.